



Live Healthy Iowa Kids Track Championships Wednesday, April 24, 2019 4:00 PM - Birney Field Central DeWitt High School



Registration: Please register ahead of time. On site registration will be taken online from 3-3:30 PM.

****Online registration ONLY in 2019.****

Link at: parks.cityofdewittiowa.org

Online signup closes 3:30 PM on race day!

Field Events begin at 4:00 PM.

Track events begin at 4:30 PM and will be held in the following order: 200m, 1600m, 50m, 800m, 100m, 400m, 4 x 100 relay.

Questions? Call 659-5127

State Meet is in Marshalltown on Saturday, June 22nd
1st place winners in each event automatically qualify.

Participants can enter either **TWO TRACK AND ONE FIELD OR TWO FIELD AND ONE TRACK EVENT**.
The relay does not count as a running event.

Participant will compete in age & gender group according to their age on December 31, 2019.

Divisions and events offered:

BOYS & GIRLS ages 7-8 (born in 2011-2012)

50 Meter Dash 100 Meter Dash 200 Meter Dash 4x100 Meter Relay
Standing Long Jump Softball Throw

BOYS & GIRLS ages 9-10 (born in 2009-2010)

50 Meter Dash 100 Meter Dash 200 Meter Dash 400 Meter Dash
4x100 Meter Relay Standing Long Jump Softball Throw

BOYS & GIRLS ages 11-12 (born in 2007-2008)

100 Meter Dash 200 Meter Dash 400 Meter Dash 800 Meter Dash
4x100 Meter Relay Standing Long Jump Softball Throw

BOYS & GIRLS ages 13-14 (born in 2005-2006)

100 Meter Dash 200 Meter Dash 400 Meter Dash 800 Meter Dash
4x100 Meter Relay 1600 Meter Dash Standing Long Jump Softball Throw

*****RAIN DATE IS MAY 1st*****